



Intergenerational Support and Well-Being of Older Adults

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This article examines the relationship between intergenerational support and well-being of older adults. The study focuses on the role of family and community support in promoting the health and well-being of older adults. The research is based on a longitudinal study of older adults and their families. The findings suggest that intergenerational support is a key factor in promoting the well-being of older adults. The study also highlights the importance of community support in promoting the well-being of older adults.

The study found that older adults who received more intergenerational support had better health and well-being. This support included emotional support, financial support, and practical support. The study also found that older adults who lived in communities with more support had better health and well-being.

The findings of this study have important implications for policy and practice. They suggest that efforts to improve the well-being of older adults should focus on increasing intergenerational support and community support. This can be done through a variety of programs and services, including caregiver support, financial counseling, and community-based programs.

Overall, the study shows that intergenerational support and community support are important for the well-being of older adults. These supports can help older adults maintain their health and well-being, and they can also help them live more active and meaningful lives. The findings of this study provide a strong case for investing in these supports and for developing programs and services that promote intergenerational support and community support.

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